



Center for Dental Anesthesia

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Pre-op Instructions for deep, general and IV anesthesia:

1. Nothing to eat or drink 6-8 hours prior to procedure.
2. You may have a SIP of a clear liquid 3 hours before appointment.
(black coffee, water, or tea) NO CREAMERS or SWEETENERS.
3. Please take all medications the morning of procedure that are normally taken in the morning with a sip of water: unless otherwise discussed by Dr. Duffy.
4. You need a driver to take you home. ANY form of public transportation is NOT acceptable.
5. Please wear loose clothing to allow for monitoring devices.
6. If anything is eaten or drank (other than what is allowed above), within the 6-8 hours before your appointment, your procedure WILL BE cancelled.